



February 2020

Finding a way...

Public Guardianship Program

The Public Guardianship Program currently serves 113 individuals. Guardianship clients reside in various environments throughout Southwestern Virginia. Program staff work diligently to ensure the best quality of care in the least restrictive environment for individuals who lack capacity to make informed decisions on their own. Staff have been busy attending court hearings and meeting new individuals. Staff will attend court this month for three new Guardianship clients. District Three would like to congratulate Emma Walbroehl on her promotion to Public Guardianship Program Director. Emma assumed her new role on January 1, 2020.

Chore and Residential Repair Program

The Chore Crew has been working diligently these past few months installing ramps, grab bars, etc. At this time, the program is running about 2 months behind on ramps due to the weather conditions and with an increase in ramp requests. Staff appreciates the effort of the chore crew members for consistently working and rearranging their schedules around the inclement weather.

Members of the chore crew continue to work with care managers to install smoke alarms as part of a partnership with the Mountain Empire Chapter of the American Red Cross. Stipulations to the program require a resident to receive fire safety and fire escape information. Alarm(s) must be installed by the chore crew or a care manager with the resident signing an acknowledgement form stating receipt of the alarm along with training. They must also agree to be responsible for testing the alarm annually to make sure it is still working. The alarms are equipped with 10-year lithium batteries. If supplies from American Red Cross run low, the chore crew have smoke alarms on hand purchased by District Three to ensure safety for all in need.

Home Delivered Meals Program

The Home Delivered Meals Program is serving approximately 560 individuals. Routes are currently being reviewed to ensure that meals are being delivered in the most cost-efficient way.

Abuse in Later Life Program

The Abuse in Later Life Program (ALLP) continues to reach out to those that have been victims of abuse. The program serves individuals age 50 and over who are victims of abuse, neglect, and/or financial exploitation in the Washington County and Bristol Virginia areas. The program partners with law enforcement agencies, Victim Witness, Department of Social Services, Commonwealth Attorney's Office, Southwest Legal Aid, Abuse Alternatives, and many other agencies to identify individuals in need of services and to provide emergency financial assistance, as well as advocacy and support to victims of abuse in later life. The program has served 22 clients this year with 16 open cases at this time. If you would like to learn more about the Abuse in Later Life Program, contact Becky Freeman at 276-783-8157 or email bfreeman@district-three.org.

Volunteers in Motion Program

The Volunteers in Motion (VIM) volunteers are receiving their first quarter gifts and the *2nd Edition* of the volunteer newsletter, "The Corner". Seniors are anxious to give their time and talents to their volunteer stations. Volunteers make the world a better place and District Three is proud of each and every volunteer. Remember, all volunteer hours must be submitted no later than the 25th of each month.



Farmers Market Program Future

District Three has been notified that the Senior Farmers Market Nutrition Program (SFMNP) for 2020 will allow seniors to receive their coupons a month earlier than last year. Eligible seniors will receive their coupons the first week of June. Applications will be available in April. Details of the enrollment process will be announced at the Friendship Cafés, senior centers, and in local newspapers throughout the counties of Smyth, Wythe, Bland, Carroll, Grayson, Washington; the major towns of Abingdon, Marion, and Wytheville and the cities of Galax and Bristol, Virginia.

To be eligible residents must be 60 years of age or older, live in one of the mentioned areas, meet income requirements, and return applications to the District Three office. Participants must re-enroll and qualify each year. The program is limited and participation is on a first-come, first-serve basis. Participants will be notified of approval or denial by mail.

Friendship Café

Due to inclement weather during the months of December and January, multiple Friendship Cafés were closed. Cafés do not meet if schools are closed in the area or if the school is on a two-hour delay. If schools are out for the holidays, site managers are responsible for contacting the District three office if they feel the site needs to be closed because of snow and/or icy roads.

Damascus Friendship Café will go by the Washington County Schools system for closing their site.

Food City and District Three are currently working closely with our dietitians to ensure that the menus are appetizing and nutritious. The number one goal of the congregate meals program is to support and strengthen seniors with nutritious meals and provide an atmosphere that is full of fun, games, and happy memories.

Senior Employment



WOOHOO!!!

Our enrollment is UP! The SCSEP program currently has seventeen participants and is growing. Service area Host Agencies are helping train seniors 55+ for unsubsidized employment and giving seniors a chance to earn extra income while helping out their communities. We are proud to report that there are twenty-two agencies currently under agreements with District Three Governmental Cooperative providing instruction and motivation to our seniors to help them reach potential goals and employment objectives. If you are interested in learning more about this wonderful program, as either a participant or Host Agency, please contact Brenda Jones, SCSEP Coordinator at 276-783-8157 or bjones@district-three.org.

Chronic Disease Self-Management Education Update

The Chronic Disease Self-Management program is providing two workshops in our service area in February. One workshop started in January at the Grayson Manor Apartments, and the other workshop is being held at Bland Correctional Center.

Benefits Enrollment Center

The Benefits Enrollment Center (BEC) has been busy with their expansion which started January 1, 2020. A training was held for the five other Area Agencies on Aging that the BEC is contracting with on January 9, 2020 at New River Area Agency on Aging with approximately 30 in attendance. The BEC expansion will provide assistance in applying for public benefits in 25 counties and 10 cities in Virginia.

Random Acts of Kindness Day

February 17 has been named "Random Acts of Kindness Day." District Three would like to encourage folks to take this day and perform random acts of kindness for our seniors throughout the district. If you know a senior living alone give them a call or go by and visit them, swing by a nursing home for a few minutes and visit, take a senior a meal, simply smile and say hello to someone who seems to be having a bad day. In our fast-paced world, let's take a day and show a little kindness to our seniors and others along our journey!

Drivers Recognized for Reaching Safety Milestones

Mountain Lynx Transit has recognized a number of drivers that reached safe driving thresholds in fiscal year 2019. The Safety Stars program was created by District Three's Board of Commissioners to recognize and reward employees for reducing accidents. Board members and staff appreciate the drivers for improving safety, reducing costs, and providing safe transportation to the public. The following list shows the highest threshold reached by each driver that was recognized:

<p><u>1000 Safe Driving Hours</u> Johnny Mowery – Abingdon Lenora Billings – Galax Bill Robinson – Galax Ronnie Blevins – Marion Jim Young – Marion Stuart Bennett – Wytheville Perry Davis – Wytheville Michael Jackson – Wytheville Larry Williams – Wytheville Julian Rowland – Wytheville</p> <p><u>2000 Safe Driving Hours</u> Doug White – Abingdon Tim Fuller – Abingdon Jeffrey Burkett – Marion Donald Stinnette – Marion Curtis Goins – Marion Dannie Mayes - Galax</p>	<p><u>3000 Safe Driving Hours</u> Kermon Sumner – Galax Kenny Perkins – Marion Jennifer Wertz-Wytheville</p> <p><u>4000 Safe Driving Hours</u> James Dempsey – Marion Buddy Marchant – Abingdon</p> <p><u>5000 Safe Driving Hours</u> Joyce McKenzie – Galax</p> <p><u>6000 Safe Driving Hours</u> Leslie Crouse - Marion</p>	<p><u>10000 Safe Driving Hours</u> Dwight Tilson – Marion Harry Bowers – Galax RC Stiltner – Abingdon</p> <p><u>11000 Safe Driving Hours</u> Randall Paisley – Wytheville</p> <p><u>13000 Safe Driving Hours</u> Billy Deel – Abingdon John Dix - Wytheville</p>
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PERSONNEL NOTES

Employees joining the agency: Teresa Williams, *Title 5 Trainee*, Marion.

Employees leaving the agency: Mollie B. Steffey-Smith, *Transit Operations Director*, Marion.

District Three Events Calendar:

February 17	Holiday – Presidents’ Day (Offices closed and Public Transit not running)
February 19	Staff Meeting, Central Office 10:00 a.m.
March 13	Advisory Council, Central Office 10:00 a.m.
March 18	Safety Committee Meeting 10:00 a.m.
March 19	Board of Commissioners Meeting, 7:00 p.m.
March 26	Staff Administrative Meeting, Central Office 10:30 a.m.
April 1	Long Term Care Coordinating Committee 10:30 a.m.



District Three Governmental Cooperative, operating as District Three Senior Services and District Three Public Transit, receives funding from the U S Administration on Community Living, the Federal Transit Administration, and other federal sources; the Virginia Department for Aging and Rehabilitative Services, the Department of Rail and Public Transportation, and other state sources; the six counties, two cities and three major towns in Virginia's third planning district, as well as contributions and other community sources. In compliance with appropriate state and federal statutes, the agency does not discriminate in admission to programs or activities, or in employment opportunities. If you feel you have been discriminated against, you have a right to file a complaint with the agency by calling (276) 783-8157.



COMMONWEALTH of VIRGINIA

DEPARTMENT OF HEALTH

OFFICE OF DRINKING WATER

Abingdon Field Office

February 11, 2020

407 E. Main Street, Suite 2
Abingdon, VA 24210
Phone: 276-676-5650
Fax: 276-676-5659

NOTICE OF ALLEGED VIOLATION

SUBJECT: Carroll County
Waterworks: Gospel Light Christian Camp
PWSID No.: 1035274

Mr. Tim Hicks, Camp Manager
Gospel Light Baptist Church
P. O. Box 38
Walkerstown, North Carolina 27051

Re: Failure to Monitor – Source Water

Dear Mr. Hicks:

The subject waterworks appears to be in violation of the Virginia *Waterworks Regulations*.

The *Waterworks Regulations* Section 12 VAC 5-590-425 states in part: “The owner of any groundwater source utilizing chlorine disinfection or any other treatment or chemical addition that may alter or affect the bacteriological quality of the raw water shall collect source samples for bacteriological analysis....”

The Virginia Department of Health requires you to submit one source water sample each year for bacteriological analysis by the Most Probable Number (MPN) method from each well. This sample is to be collected from the sample tap prior to treatment while the well pump is running. Based on our records, a source water sample was not submitted for analysis during 2019 from the New Well or the Old Well.

Please continue to collect and submit for MPN analysis the required one source water sample from each well each year. The next source water samples for MPN analysis must be collected during 2020 and each year thereafter.

If you have any questions regarding this notice, please contact me at 276-676-5650.

Sincerely,

Tiffany Wilson
Environmental Health Technical Specialist

TRW/kb

cc: Dr. Karen Shelton, Carroll County Health Department
✓Carroll County Administrator
ec: VDH – ODW – Central Office



COMMONWEALTH of VIRGINIA

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OFFICE OF DRINKING WATER

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February 3, 2020

LEVEL 1 ASSESSMENT ACKNOWLEDGEMENT

SUBJECT: Carroll County
Waterworks: Laurel Fork Dollar General No. 17332
PWSID No.: 1035450

Mr. Michael O'Connor, Trustee
David Lampert & Julie Bell Irr. Trust III
900 Veterans Blvd., Suite 410
Redwood City, California 94063

Dear Mr. O'Connor:

The subject waterworks was required to conduct a Level 1 Assessment per the Notice of Level 1 Assessment Required, dated December 30, 2019.

We received the Level 1 Assessment conducted by Anthony Westmoreland on January 28, 2019, and have attached a copy with our review comments for your records. Please retain the Assessment for at least five years as required by the Virginia *Waterworks Regulations*.

The Assessment was completed on time, but additional time is needed to complete the corrective action. In the Assessment, Mr. Westmoreland suggested replacing the washable sediment filter with a disposable cartridge filter system. This Office typically does recommend use of cartridge filters. If cartridge filters are not handled in a sanitary manner and the filter replaced as needed and per manufacturer recommendations, the filters can harbor bacteria and cause contamination in the waterworks distribution system. Discontinuing use of the washable filter may alleviate the occasional contamination found at the Laurel Fork Dollar General – No. 17332 waterworks.

A potential cause for the contamination was found to be bacteria on the sediment filter screen.

Thank you for completing the Level 1 Assessment and we look forward to your cooperation. If you have any questions, please contact me at 276-676-5650.

Sincerely,

Tiffany Wilson
Environmental Health Technical Specialist

TRW/kb

Enclosure: Level 1 Assessment

cc: Jerry Tanner, Environmental Compliance Specialist
Brian Guillette, Senior Program Manager
Dr. Karen Shelton, Carroll County Health Department
Carroll County Administrator



COMMONWEALTH of VIRGINIA

DEPARTMENT OF HEALTH

OFFICE OF DRINKING WATER

Abingdon Field Office

407 E. Main Street, Suite 2
Abingdon, VA 24210
Phone: 276-676-5650
Fax: 276-676-5659

February 7, 2020

NOTICE OF ALLEGED VIOLATION

CHEMICAL AND PHYSICAL EXAMINATION

SUBJECT: Carroll County
Waterworks: Utt's Campground
PWSID No.: 1035774

Mr. Thomas Utt, Owner
Utt's Campground
4505 Fancy Gap Highway
Hillsville, Virginia 24343

RE: Failure to Monitor – Total Nitrate-Nitrite

Dear Mr. Utt:

The subject waterworks appears to be in violation of the *Waterworks Regulations*.

According to our records, the following monitoring activity, as defined in Section 12 VAC 5-590-370 of the *Waterworks Regulations*, was not performed.

The *Waterworks Regulations* require waterworks using groundwater to monitor annually for total nitrate and nitrite concentrations at each waterworks entry point. Our records indicate that there was a failure to collect the required sample in 2019 for this waterworks

Public Notice: This is a Tier 3 situation. 12VAC5-590-540 of the *Regulations* requires you to notify consumers that the required monitoring was not conducted. The public notice must be handled as follows:

- You must provide a Notice to Consumers ("Notice") no later than February 7, 2021.
- The Notice must be posted in conspicuous locations throughout the area served by your waterworks, or mailed or directly delivered to the persons served by your waterworks.
- If your waterworks serves consumers who would not be reached by your posted, mailed, or hand-delivered Notice, you must also use other distribution methods to provide the Notice to these consumers as well. Such persons may include those who may not see the posted Notice because it is not in a location they routinely pass. Examples of other methods include, but are not limited to, publication of a Notice through a company newsletter, or by E-mail to staff or students.

- The Notice must be posted for a minimum of seven days even if the violation has been resolved, and must remain in place as long as the violation persists.
- You must repeat distribution of the Notice annually for as long as the violation persists.

Attached is a draft notice for you to provide to consumers. You may use this notice as is, or modify it to meet your situation better, as long as the information is accurate and the notice contains all of the required elements and mandated language. If you decide to change the notice, we suggest you contact this Office to verify your proposed changes meet the requirements of the *Waterworks Regulations*. Please insert the name, address, and phone number of a waterworks representative in the spaces provided on the draft notice.

Public Notice Confirmation: Within ten days of completing public notification, you must provide this Office with a copy of the notice you distributed, along with signed certification of the distribution completion date and methods used. Failure to distribute public notice and report to the Virginia Department of Health may be a further violation of the *Waterworks Regulations*. Enclosed is a certification form for your use.

Follow-up Action: Upon opening the campground in 2020, you must collect a water sample from your waterworks for total nitrate and nitrite analysis, and submit it to a laboratory certified by the Division of Consolidated Laboratory Services (DCLS) to perform this drinking water analysis.

If you have any questions regarding this matter, please contact me at 276-676-5650.

Sincerely,



Tiffany Wilson

Environmental Health Technical Specialist

TRW/kb

Enclosure

cc: Dr. Karen Shelton, Carroll County Health Department
Carroll County Administrator
VDH – ODW – Central Office

MEMORANDUM

DATE: February 7, 2020
TO: AUTHORITY MEMBERS
FROM: SUPERINTENDENT GREGORY P. WINSTON
RE: AUTHORITY MEETING

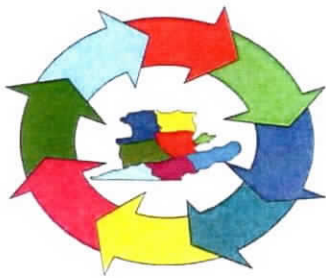
Please be advised that the regularly scheduled meeting of the New River Valley Regional Jail Authority will be held on Friday, February 14, 2020.

The meeting will begin at 10:00 a.m. in the Admin Conference Room at the Regional Jail.

The following committee meeting will be held:

Finance Committee: 9:30 a.m. Admin. Break Room

Anyone desiring to speak before the Authority or present any subject matter for consideration should contact the Superintendent prior to the commencement of the meeting. Any person desiring special accommodations in order to attend or participate in this meeting should notify the Superintendent in advance of the meeting so that conditions can be met.



New River Valley Regional Jail
P.O. Box 1067
Dublin, Virginia 24084
(540) 643-2000 (540) 643-2010 FAX

Bland County

Sheriff Jason Ramsey
Eric Workman, **Treasurer**
Chief Deputy John Mustard (A)
Rodney L. Ratliff (A)

Carroll County

Sheriff Kevin Kemp
Nathan Lyons
Chief Dep. Donald Spangler (A)
Michelle Dalton (A)

Floyd County

Sheriff Brian Craig
Joe D. Turman
Chief Deputy Chad Harris (A)
W. Justin Coleman (A)

Giles County

Sheriff Morgan Millirons
Richard Chidester
Todd Martin (A)

Grayson County

William Shepley
Sheriff Richard Vaughan
Mitch Smith (A)
Chief Deputy David Ashby (A)

Pulaski County

Sheriff Michael Worrell
Andy McCready
Major Daniel Johnson (A)
Jonathan Sweet (A)

City of Radford

Sh. Mark Armentrout, **Chairman**
Nikki Cumberland
Major Charlie Burton (A)
Mr. Joshua Smith (A)

Wythe County

Sheriff Keith Dunagan
Mr. Brian Vaught (M)
Chief Deputy Charles Foster (A)
Stephen Bear (A)

Superintendent

Gregory P. Winston

Deputy Superintendent

John S. Bowman

Tonya Akers, Secretary

February 14, 2020

Committee Meeting:

Finance 9:30 a.m., Breakroom

**Authority Meeting Agenda
10:00 a.m.**

- A. **CALL TO ORDER** - Chairman
- B. **ROLL CALL** - Secretary
- C. **APPROVAL OF NOVEMBER 2019 MINUTES**
- D. **OLD BUSINESS**
- E. **COMMITTEE REPORTS**
 - **Finance Committee**
(Gordon Jones of Robinson, Farmer & Cox will give an audit report)
- F. **SUPERINTENDENT'S REPORT**
- G. **NEW BUSINESS**
 - **Discussion to amend By-Law language in regards to meeting schedule and purchasing**
 - **Presentation of the proposed budget for FY 20-21**
- H. **CITIZENS**
- I. **OTHER BUSINESS OR INFORMATION**
 - **Election of new Vice Chair to serve reminder of term**
- J. **ADJOURNMENT**

**The Superintendent's Report
will be handed out at the
Authority Meeting on
February 14, 2020**

INMATE WORK FORCE

MALE INSIDE WORKERS		MALE OUTSIDE WORKERS		FEMALE WORKERS
1ST SHIFT KITCHEN	INMATES HIGHLIGHTED IN YELLOW ARE MEDICALLY CLEARED TO HANDLE FOOD ALL OTHERS ARE NOT LAUNDRY CHAPMEN, MELVIN * SIMPSON, ALLAN * PEARKS, JAMIE * SHUMATE, JOHNATHON * QUESENBERRY, DANIEL * ISOM'S CLEANING CREW PERDUE, JAMES * VAUGHAN, CASEY * NEED 1 ADAMS, DOUGLAS * BARNETT'S CLEANING CREW FROST, STEVEN * WALKER, MARCUS * PARKS, STEVEN * NEED 1 1ST SHIFT KITCHEN CLEANERS GUYNN, TIMOTHY * NEED 1 2ND SHIFT KITCHEN CLEANERS WALCH, CHARLES * NEED 1 KITCHEN DAY BAKERS JARRELLS, ERIC * HAYWOOD, WILLIAM * NEED 1 MEALS ON WHEELS BAESLER, RICKY * TURNMIRE, DONALD * OLDHAM, BRENT * TRUCKS ONLY WILLIAMS, TIMOTHY * HYLTON, ASHLEY * COURT-OUT TO COURT MED-OUT OF WORK/ MEDICAL SUSP-SUSPENDED FROM WORK NO OUTSIDE TRUSTY *	PULASKI COUNTY PSA	RADFORD CITY PD	CLEANING/ LIBRARY
FORTUNE, DANIEL *		NEED 1 12-10-19	NEED 1 1-13-20	WRIGHT, MARY *
NEED 1		NEED 1 12-10-19	NEED 1 1-12-13-19	HOUCK, TIFFANY *
MASON, TELLY *		HAWKS, JEFFERY-W/M	NEED 1 11-23-19	LAWRENCE, JOY *
SPICER, JAMES *		NEED 1 1-21-20	FLOYD COUNTY	TRAY SERVERS
NEED 1		PULASKI COUNTY	NEED 1 1-2-20	FREEMAN, SUNNI *
SEMONES, LOWELL *		GORHAM, THOMAS-B/M	NEED 1 12-11-19	ALLEY, VICKI *
BROWN, EDGAR *		PEARKS, JAMIE *	NEED 1 1-22-20	OGLE, BRENDA *
WENGERD, DARWIN *		PULASKI DOG POUND	BLAND COUNTY	GILES COUNTY
HICKMAN, RICHARD *		NEED 1 12-27-19	NEED 1 1-23-20	NEED 1 11-30-19
SHEPPARD, RANDY *	VAUGHN, MICHAEL-W/M	NOT NEEDED AT THIS TIME	PEAKS, BOYD-W/M	
MANNING, EVERETT *	PULASKI LAKE CREW	NOT NEEDED AT THIS TIME		
CONNASTER, BENJAMIN *	ROBINSON, CURTIS-W/M	WYTHE COUNTY	GILES COUNTY PSA	
NEED 1	ESTEP, WILLIAM-W/M	NEED 1 1-2-20	NEED 1 12-10-19	
BULLOCK, BAKARI *	NEED 1 12-20-19	LONG, BUDDY-W/M	GILES ROAD CREW	
MARTIN, WILLIAM *	NRV RESOURCE AUTHORITY	NEED 1 2-3-20	SHREWSBERRY, ROBBIE-W/M	
2ND SHIFT KITCHEN	PULASKI LANDFILL	WYTHE ROAD CREW	NEED 1 1-29-20	
BROWN, JASON *	NOT NEEDED AT THIS TIME	SEYMOUR, STEVEN-W/M	NEED 1 12-16-19	
SIZEMORE, JOHN *	NOT NEEDED AT THIS TIME	TURNER, TIMOTHY-W/M	HAWKINS, CECIL-W/M	
NEED 1	NOT NEEDED AT THIS TIME	NEED 1	NEED 1 1-29-20	
DILLON, JAMES *	NRVRJ ROAD CREW	NEED 1	NEED 1 1-03-20	
MUSICK, DAVID *	NEED 1 12-10-19	CARROLL COUNTY	NOT NEEDED AT THIS TIME	
CALLOWAY, JOHN *	KAUFMAN, JOHN-W/M	BURNS, JORDAN-W/M		
WEBB, DEREK *	NEED 1 1-29-20	NEED 1 1-13-20		
GILVARY, TRISTAN *	CONDREY, JOSEPH-W/M	NOT NEEDED AT THIS TIME		
PERKINS, JAMES *	NEED 1	NRVRJ GROUNDS CREW	NOT NEEDED AT THIS TIME	
CUMBEE, ROY *	NEED 1	NOT NEEDED AT THIS TIME	NOT NEEDED AT THIS TIME	
TAYLOR, ASA *	NOT NEEDED AT THIS TIME	GRAYSON COUNTY		
HOTTINGER, CODY *	NOT NEEDED AT THIS TIME	NEED 1-2-20		
NESTER, JERRY *	NEED 1	ADMIN/LOBBY/BOOKING		
NEWMAN, JOHN *	TAYLOR, JOSEPH-B/M	SAUL, RANDALL-W/M		
NEED 1	NEED 1		NOTE-OUTSIDE TRUSTY	
TRAY SERVERS	NRVJTA(ACADEMY)		HOUSING+ 3 BED REMAINING	
BREWER, MICHAEL *	NEED 1 1-26-20			
JOYCE, CHARLES *			6 FEMALE INSIDE WORKERS	
ANDERSON, KYLE *			64 MALE INSIDE WORKERS	
SHACKELFORD, JAMES *			65 MALE OUTSIDE WORKERS	
MCFALLS, LUCAS * (SUSP)			125 TOTAL WORKERS	
OWENS, DUSTIN *	COURT-OUT TO COURT	2/5/2020	WEEKLY/ WORKS 5 DAYS A WEEK	
CORAM, JULIUS *	MED-OUT OF WORK/ MEDICAL	WEEKENDS/ WORKS 6 TO 7 DAYS A WEEK		
SMITH, CHARLES *	SUSP-SUSPENDED FROM WORK			
MINOR, ZACHARY *	NO OUTSIDE TRUSTY *		Check your emails for extra help on weekends	
Please make sure the inmate workers are doing the job they have been assigned. Do not let them pick and choose where and when they work.				
Only kitchen inmate workers should be helping with meals and handling food in the kitchen. Only tray servers should be serving trays				

NEW RIVER VALLEY REGIONAL JAIL AUTHORITY

November 8, 2019

Held at the New River Valley Regional Jail

A. CALL TO ORDER:

The meeting of the New River Valley Regional Jail Authority was called to order at 10:07 a.m. by Chairman Mark Armentrout with nine (9) members and three (3) alternates present.

MEMBERS PRESENT:	Bland County:	Mr. Workman
	Carroll County:	Sheriff Gardner; Mr. Lyons
	Floyd County:	Mr. Turman
	Giles County:	Sheriff Millirons; Mr. Chidester
	Pulaski County:	Sheriff Worrell; Mr. McCready
	Radford City:	Sh. Armentrout

ALTERNATES PRESENT:	Bland County:	Ch. Deputy Mustard
	Carroll County:	Ch. Deputy Bourne
	Giles County:	Mr. Martin

STAFF & GUESTS PRESENT:	Superintendent Gregory Winston
	Dep. Superintendent John Bowman
	Mr. Robert Lyons- Citizen
	Mr. Bob Sumner-Citizen
	Mr. John Travis-Citizen
	Ms. Michelle Ren-Citizen
	Ms. Jennifer Hedges-Citizen
	Mr. Zachary Clay-Citizen
	Ms. Jill Williams-Citizen
	Ms. Brenda Blackburn-Citizen
	Ms. Beverly Nester-Citizen

B. ROLL CALL:

Mrs. Akers called the roll and reported a quorum present.

C. APPROVAL OF SEPTEMBER 2019 MINUTES:

Copies of the Minutes from the September meeting were mailed to each member. Chairman Armentrout asked if there were any additions or corrections to the Minutes as presented.

Motion: Sheriff Millirons moved that the September Minutes be approved as presented. Mr. McCready seconded the motion.

Action: The motion passed unanimously.

With today's meeting being the final one of the year, Superintendent Winston recognized several members that will be leaving the Authority board. Both Sheriff Gardner and Chief Deputy Bourne will be retiring from Carroll County at the end of this year. Mr. Tim Reeves and Mr. Andy McCready will no longer be serving their respective counties effective Dec. 31st. Plaques were presented to Sheriff Gardner, Ch. Deputy Bourne and Mr. Reeves for their many years of service. Mr. McCready will be invited back to a meeting at the beginning of the year for his plaque presentation.

D. OLD BUSINESS:

None

E. COMMITTEE REPORTS:

Finance Committee:

Copies of the monthly financials were distributed. Mr. Workman reviewed them in detail with the group.

Motion: On behalf of the Finance Committee, Mr. Workman made the motion to approve the Finance Report.

Action: Following a roll call vote, the motion passed unanimously.

Design and Construction Committee:

Design & Construction did not meet today.

F. SUPERINTENDENT'S REPORT:

Employee Activity:

We have eight officers graduating from the academy on November 13th at 11:00 am.

Operations:

- Headcount today: 966
- Total days served 30,185
- Average Daily Population: 974
- Average Daily Population for male prisoners: 776
- Average Daily Population for females prisoners: 198
- Number of commitments: 590
- Avg Daily commitments: 19
- Number of releases: 553
- Avg Daily releases: 18

Scanner:

The X-ray body scanner has been installed. Initially a few officers were trained and approximately thirty officers attended the second training session. These folks will now go back to train the remaining staff and then we will have the x-ray body scanner online. All offenders will be screened upon admission into the jail including as those going out on workforce. This should help us curtail the amount of contraband going to the jail. Also if Pulaski County Sheriff's Office or the Dublin Police have anyone they suspect of trafficking contraband they're welcome to bring them to be scanned through the machine.

RFP:

We awarded the RFP for pharmacy services to CorrectRx after selecting them from several different vendors.

Two responses were received in regards to our RFP for performance contracting and will be discussed later in the meeting.

IT:

The jail is in the process of updating all of our workstations from Windows 7 to Windows 10. We have over 100 workstations and hope to have this accomplished by the end of the year. Around 40 personal computer workstations are now obsolete in terms of memory and will need to be replaced. The total cost should be approximately \$44,000 for the project. This was a planned update and we're currently working with our IT vendor to get it completed.

We're migrating to a new payroll, accounts payable and receivable system at the beginning of the calendar year. The software has been purchased and our staff is being trained at this time.

Repairs:

A company will be here to quote replacing some of our security system. We have around \$300,000 worth of obsolete equipment that needs to be replaced. This was discussed last fiscal year and we made plans to secure the financing for that purchase. We're just going through the procurement process now.

A new kitchen sink was just installed that we were able to get from a local state hospital. The only cost to us was \$1,200 to refurbish it.

We've scheduled about \$30,000 worth of roof repairs. There was a wash out in the Magistrates Office so this repair had to be added. Replacing the entire roof on the old side would cost \$200,000 so we're doing it a piece at a time.

We're completing around \$64,000 worth of plumbing repairs on the new side of the jail. The addition had some problems during the construction period leaving us with a severe problem on the hot water distribution. We've been dealing with this that by piece meal for the last 5-6 years and the company that had been working on that has stopped repairing it. We had initially planned to do the repairs last fiscal year but just couldn't work it into the budget. Now that we're able to do so, the cost of materials has gone up approximately \$30,000 resulting in the \$64,000 repair.

As discussed at an earlier meeting, we've scheduled a \$90,000 freezer floor repair. Over time water has frozen under the freezer floor causing it heave up 2-1/2 feet. That section of floor will have to be cut out in order not to damage the cooling system. The freezer is built on slabs/pieces and if those are damaged it could result in a \$400,000 freezer replacement. We've submitted the freezer floor claim to our insurance adjuster but it was denied along with our \$17,000 claim for the sink hole out back. We will have to pay for both repairs out of the repair and replacement fund.

Programs:

In early November, we sent two staff members Kristi Wright and Toni Trueheart to the American Public Health Association Conference in Philadelphia. These officers participated in the presentation of a paper and poster about a program offered here at the jail. They were acknowledged and rewarded with authorship in the paper as a result of the Empowered Options program in working with the New River Valley Health District to help incarcerated women addicted to opioids and unintended pregnancies.

G. NEW BUSINESS:

H. CITIZEN'S COMMENTS:

Ms. Beverly Nester spoke to the group regarding her incarceration earlier this year. Her charges were later dropped but Ms. Nester wanted to discuss issues she had regarding her medications and the treatment she received while she was here. Superintendent Winston apologized to her for her experience and said that's not the level of service that he expects from staff. He asked Ms. Nester to leave her contact information and he would follow up with her after investigating the matter. He thanked her from bringing it to his attention and added that he can't fix a problem that he isn't aware of.

Ms. Michelle Wren asked for an update on the death investigation of Aris Lobos Perez who passed away while incarcerated at the NRVRJ. Superintendent Winston said the investigation is with the Virginia State Police. We released a statement at the time of his death and won't be making any other statements about the investigation at this time. The determination of his death is in the hands of the medical examiner's office now and we're awaiting toxicology just like everybody else. We don't know the cause of his death and the VSP is still handling that

investigation. We conducted an internal investigation alongside the State Police but we're not going to release any more information at this point.

It was asked if it was procedure to put college students in jail. Superintendent Winston said we didn't arrest him. He was arrested by the Radford University Police Department, taken before the Magistrate and a commitment order was issued. We confined him in accordance with the law.

Ms. Jennifer Hedges asked if Mr. Lobos Perez was tested for anything or just taken in on Public Swearing. Superintendent Winston said the only information that we have is he that was arrested on Public Intoxication and Possession of Alcohol under the age of 21. As far as anything that occurred or any procedures that occurred during the arrest, he deferred to the Radford University Police Department because we were not present during the arrest.

I. OTHER BUSINESS OR INFORMATIONAL ITEMS:

Chairman Armentrout said there was need for an executive session and asked for a motion from the floor.

Motion: Mr. McCreedy made the motion to go into executive session for consultation with legal counsel pursuant to §2.2-3711.A.7 and contract discussion §2.2-3711.A.29 of the Code of Virginia. Mr. Workman seconded the motion.

Action: Following roll call, the motion passed unanimously.

The purpose of the executive closed session is:

Consultation with legal counsel, §2.2-3711.A.7 of the Code of Virginia, (consultation with legal counsel and briefings by staff members and consultants about actual or probable and public discussion would adversely affect the negotiating or litigating posture of the County or Town – OR- consultation with legal counsel regarding specific legal matters that require legal advice).

Discussion of the award of a public contract, §2.2-3711.A.29 of the Code of Virginia, (discussion of the award of a public contract involving the expenditure of public funds, including interviews of bidders or offerors, and discussion of the terms or scope of such contract, where discussion in an open session would adversely affect the bargaining position or negotiating strategy of the public body)

After a lengthy discussion, the motion was made that the Authority Board come out of closed session.

Motion: Mr. Workman made the motion that the board come out of closed session. Sheriff Millirons seconded the motion.

Action: Following roll call, the motion passed unanimously.

Chairman Armentrout asked for a motion to certify that only matters permitted under §2.2-3711.A.7 and §2.2-3711.A.29 of the Code of Virginia were discussed.

Motion: Mr. McCready moved to certify the closed session discussion.
Mr. Workman seconded the motion.

Action: Following roll call, the motion passed unanimously.

As a result of the executive session, the following motion was made.

Motion: Mr. Workman made the motion to authorize Superintendent Winston to move forward with the IGA Audit. Mr. McCready seconded the motion.

Action: Following roll call, the motion passed unanimously.

Sheriff Millirons said he receives several calls a week from his department about the jail vans being late. He stated he knows that we're shorthanded but that needs to be corrected. Superintendent Winston said he would look into the cause of the delays.

J. ADJOURNMENT:

Motion: Sheriff Millirons made the motion to adjourn the meeting.
Mr. McCready seconded the motion.

Action: Following roll call, the motion passed unanimously.

There being no further business to come before the Authority, Chairman Armentrout adjourned the meeting at 10:55 a.m.

Chairman Mark A. Armentrout

MEMORANDUM

TO: Board Members
Liaison Members
Program Directors

FROM: Ms. Barbara Bartnik, Chairperson

DATE: February 12, 2020

RE: February 24, 2020 Board Meeting

Enclosed you will find the agenda for the Board meeting which will be held on Monday, February 24, 2020, at 1:00 p.m., at the E.W. Cline, Jr. Building in Wytheville.

A copy of the committee assignments has been included in your packet for your review. Please contact Ms. Bartnik if you would like to discuss your appointment.

Other activities scheduled are as follows:

A meeting of the **Budget and Finance Committee** will be held at 12:15 p.m. Committee members are as follows: Ms. Mary Coulson, Chairperson, Ms. Susie Jennings, Ms. Sharon Plichta, Mr. Thomas Revels, Mr. Jamie Smith, and Ms. Barbara Bartnik, Ex-officio.

A copy of the Performance Measures Information has been included in the packet for your review prior to the Board meeting. Please bring this information with you to the meeting.

A simple luncheon will be available between the hours of 11:30 a.m. and 1:00 p.m. Please plan to join us for lunch.

A meeting of the **Mount Rogers Community Services, Inc.** will be held immediately following the Board meeting. Members are as follows: Ms. Barbara Bartnik, Chairperson, Ms. Sandy Bryant, Ms. Kathy Cole, Ms. Mary Coulson, Ms. Joanne Groseclose, Ms. Kathy Havens, Ms. Sharon Plichta, and Ms. Susan Sneed.

If you are unable to attend the Board meeting or your Committee meeting, please contact the Administrative Office before the meeting date.

COMMITTEE ASSIGNMENTS FOR 2020

EXECUTIVE COMMITTEE

Ms. Barbara Bartnik, Chairperson
Ms. Susan Sneed, Vice – Chairperson
Ms. Joanne Groseclose, Secretary
Ms. Mary Coulson, Treasurer

PERSONNEL COMMITTEE

Ms. Susan Sneed, Chairperson
Mr. Joe Bean
Ms. Beverly Mountain
Ms. Mava Vass
Ms. Barbara Bartnik, Ex-officio

BUDGET AND FINANCE COMMITTEE

Ms. Mary Coulson, Chairperson
Ms. Susie Jennings
Ms. Sharon Plichta
Mr. Thomas Revels
Mr. Jamie Smith
Ms. Barbara Bartnik, Ex-officio

POLICY PLANNING AND EVALUATION COMMITTEE

Ms. Joanne Groseclose, Chairperson
Ms. Kathy Cole
Mr. Gerald Goad
Ms. Kathy Havens
Ms. Barbara Bartnik, Ex-officio

MOUNT ROGERS COMMUNITY SERVICES, INC.

Ms. Barbara Bartnik, Chairperson
Ms. Susan Sneed, Vice – Chairperson
Ms. Joanne Groseclose, Secretary
Ms. Mary Coulson, Treasurer
Ms. Sandy Bryant
Ms. Kathy Cole
Ms. Kathy Havens
Ms. Sharon Plichta

MOUNT ROGERS COMMUNITY SERVICES

BOARD MEETING

February 24, 2020

A G E N D A

- I. CALL TO ORDER
- II. MOMENT OF SILENCE
- III. STAFF RECOGNITIONS
- IV. APPROVAL OF January 27, 2020 MINUTES
- V. OLD BUSINESS
- VI. NEW BUSINESS
 - A. Budget and Finance Committee Report
 - Performance Measures Update
 - B. Assignment of Committees
 - C. Executive Director's Report
- VII. INFORMATIONAL ITEMS
 - Program and Administrative Monthly Reports
 - Presentation – Primary Care – Kim Taylor
- VIII. ADJOURNMENT

Mount Rogers Community Services, Inc. meeting to follow.

MOUNT ROGERS COMMUNITY SERVICES

BOARD MINUTES

January 27, 2020

The Mount Rogers Community Services Board of Directors met on Monday, January 27, 2020 at the E. W. Cline, Jr., Building in Wytheville, Virginia.

PRESENT:

Ms. Barbara Bartnik
Ms. Kathy Cole
Ms. Mary Coulson
Mr. Gerald Goad
Ms. Joanne Groseclose
Ms. Kathy Havens
Ms. Susie Jennings
Ms. Beverly Mountain
Mr. Thomas Revels
Mr. Jamie Smith
Ms. Susan Sneed
Ms. Mava Vass

ABSENT:

Mr. Joe Bean
Ms. Sharon Plichta

STAFF:

Ms. Sarah Beamer
Ms. Patty Belcher
Ms. Sandy Bryant
Ms. Kathy Cressel
Ms. Samantha Crockett
Ms. Anna Csaky-Chase
Ms. Laura Davis
Ms. Susan Davis
Mr. Frank Dowell
Mr. Bob Gordon
Ms. Morgan Greer
Ms. Wendy Gullion
Ms. KJ Holbrook
Ms. Becca Martel
Ms. Allison Mays
Ms. Ellen Moriarty
Ms. Jackie Morris
Mr. Logan Nester
Ms. Margie Stuart
Ms. Kim Taylor
Ms. Rita Viars

OTHERS:

I. CALL TO ORDER

Ms. Barbara Bartnik, Chairperson, called the meeting to order.

Ms. Bartnik welcomed the new Board members, Ms. Kathy Cole, representing Grayson County and Mr. Jamie Smith representing Wythe County, to the meeting.

Ms. Bartnik requested that each Board Member complete the Conflict of Interest Disclosure Statement and submit to Ms. Kathy Cressel.

II. MOMENT OF SILENCE

Ms. Bartnik offered a moment of silence for the reflection of thoughts for others.

III. STAFF RECOGNITIONS

Ms. K. J. Holbrook, Division Director of Youth and Family Services, recognized Ms. Jackie Morris, Program Manager with the Youth and Family Services TDT Program, who became a Licensed Professional Counselor.

Ms. Becca Martel, Director of Behavioral Analyst Services, recognized Ms. Susan Davis who recently became a Licensed Behavioral Analyst with a concentration in Autism.

Ms. Sandy Bryant announced that Ms. Sarah Beamer, Director of Finance and Administration Services, has resigned from the Agency effective January 31, 2020. Ms. Beamer expressed appreciation to the Board of Directors for the opportunity to have served the Agency.

Ms. Bryant announced that Ms. Allison Mays, Director of Grant Writing and Agency Advancement, has resigned from the Agency to pursue other employment opportunities. However, Ms. Bryant noted that Ms. Mays will continue as a grant writer for the Agency on a sub-relief basis.

Mr. Frank Dowell, Director of Industrial and Developmental Centers, recognized Ms. Margie Stuart on her retirement effective February 1, 2020.

IV. APPROVAL OF November 25, 2019 MINUTES

The November 25, 2019 minutes were approved as presented on the motion of Ms. Susie Jennings, and seconded by Mr. Tom Revels. The motion passed unanimously.

V. ACCEPTANCE OF DONATIONS

Ms. Kathy Cressel, Director of Executive Office Operations, announced that the Agency had received several donations since the last Board meeting, including:

- \$25,000 from Patricia Warren for renovations to the Warren Building in Marion
- Human Resources Department staff – \$240 in Wal-Mart gift cards for 12 individuals and families receiving Youth & Family Services
- Cameron Wolfe Architect – Holiday ham valued at \$65 donated to the individuals receiving services at the Smyth Crisis Care Center
- Vendors for a Cause – \$550 to purchase Christmas gifts for individuals receiving services through the Youth & Family Services Program

MOTION: Mr. Gerald Goad moved that the Board accept the donations as presented.

The motion, seconded by Ms. Kathy Cole, passed unanimously.

VI. OLD BUSINESS

None

VII. NEW BUSINESS

A. Budget and Finance Committee Report

1. Ms. Patty Belcher presented the November 30, 2019 and the December 31, 2019 financial statements for Board review.

MOTION: On behalf of the Budget and Finance Committee, Ms. Susie Jennings, Acting Chairperson, moved that the Board accept the financial statements for the periods ending November 30, 2019 and December 31, 2019 as presented.

The motion passed unanimously.

2. Ms. Belcher presented the FY2021 Local Budget Match Request proposal letter that will be submitted to the six localities for the upcoming fiscal year.

MOTION: On behalf of the Budget and Finance Committee, Ms. Susie Jennings, Acting Chairperson, moved that the Board approve the FY2021 Local Budget Match Request proposal as presented.

The motion passed unanimously.

3. Ms. Belcher presented the FY 2019 Community Return on Investment document for review.
4. Ms. Belcher presented a notification from the Department of Criminal Justice Services awarding the Agency \$184,364 in grant funding for the Comprehensive Opioid and Addiction Program.

5. Ms. Belcher reported that the Agency received \$32,000 in grant funding from the Twin County Community Foundation to provide direct services for adults with substance and legal issues, including detox treatment, outpatient services, and drug screening services.
6. Ms. Belcher presented a notification received from the Department of Behavioral Health and Developmental Services awarding the Agency a \$6,000 scholarship for staff to attend the upcoming Creating Trauma Sensitive Schools Conference.
7. Ms. Belcher conducted the Annual Fiduciary Refresher Training for Board Members as required by the Agency Performance Contract.

B. Personnel Committee Report

Ms. Susan Sneed, Chairperson, commented that the Personnel Committee Report will be reviewed in Executive Session.

C. 2020 Board Meeting Schedule

Ms. Kathy Cressel presented the 2020 Board meeting schedule. Additionally, the May and December Board meetings conflict with the Memorial Day and Christmas Holidays. A recommendation was presented to cancel the May 25, 2020 and December 27, 2020 Board meetings.

MOTION: Ms. Mary Coulson moved to accept the recommendation to cancel the May and December Board meetings as presented.

The motion seconded by Ms. Mava Vass, passed unanimously

D. Executive Director's Report

1. Ms. Bryant shared a letter of appreciation and support from the Mayor of the Town of Marion for the efforts of the agency in providing mental health crisis services at the Smyth Crisis Care Center which has produced a 66% decrease in ECO and TDO law enforcement interaction as a result of the services provided at the crisis care center.
2. Ms. Bryant shared information on Governor Northam's challenge to prevent suicide among service members, veterans and their families, including targeted goals of cultural competency, education, efficiency and increased collaboration with stakeholders.
3. Ms. Sandy Bryant shared monthly data reports relative to the increase in the number of individuals served during November and December of Fiscal Year 2019, comparison reports for unduplicated services, and the penetration rates for individuals receiving services per capita for each of the six localities served by the agency.
4. Ms. Bryant presented an outline for steps to address agency deficits.
5. Ms. Bryant announced that the next two Community Forums will be held on January 29, 2020, at the Fernwood Counseling Center and February 19, 2020, at the Smyth County Community Hospital Administration Conference Room. The meetings will begin at 1:00 p.m. and conclude at 2:30 p.m. An invitation was extended to the Board Members to attend the meetings.

E. Nominating Committee Report for Election of Officers - 2020

Ms. Mava Vass reviewed the recommendations for the election of officers for FY 2020 as follows:

Ms. Barbara Bartnik – Chairperson
Ms. Susie Sneed – Vice Chairperson
Ms. Mary Coulson – Treasurer
Ms. Joanne Groseclose – Secretary

MOTION: Mr. Tom Revels moved to accept the slate of officers as presented.

The motion, seconded by Ms. Mary Coulson, passed unanimously.

VIII. INFORMATIONAL ITEMS

A. Program and Administrative Monthly Reports

Mr. Logan Nester reported that the Agency has partnered with Ballad Health to present the second Substance Use Symposium which will be held on September 17, 2020 at the Wytheville Meeting Center. The keynote speaker will be Miss America whose platform focus is on Opioid Use and Addiction Crisis. An invitation was extended to the Board members to attend the event.

Ms. K. J. Holbrook updated the Board on Project LINK. Currently, 67 women have received services through Project Link. Additionally, a Baby Bucks Program has been established as an incentive for pregnant/parenting women and their partners to purchase supplies as recovery goals are achieved through the program.

IX. EXECUTIVE SESSION

Ms. Mary Coulson moved that the Mount Rogers Community Services Board convene a closed meeting under the Virginia Freedom of Information Act in order to discuss a Personnel matter regarding the evaluation of the Executive Director under Virginia Code Section 2.2-3711(A)(1) and to discuss the acquisition of real property under Virginia Code Section 2.2-3711(A)(3).

The motion, seconded by Ms. Beverly Mountain, passed unanimously.

After reconvening, each Board member certified that to the best of each member's knowledge, only public business matters lawfully exempt from statutory open meeting requirements and only public business matters identified in the motion to convene the Executive Session were discussed in the Executive Session.

1. Personnel – Evaluation of Executive Director

MOTION: On behalf of the Personnel Committee, Ms. Susan Sneed, Chairperson, moved to accept the performance evaluation of the Executive Director as presented.

The motion passed unanimously.

MOTION: On behalf of the Personnel Committee, Ms. Susan Sneed, Chairperson, moved to accept the recommended change to the contractual agreement of the Executive Director as discussed, effective February 1, 2020.

The motion passed unanimously.

2. Acquisition of Real Property

MOTION: Ms. Mary Coulson moved to adopt the proposed resolution to proceed with negotiations to purchase a parcel of property in Galax to be utilized for an office space for Project Link, including renovation costs as presented.

The motion, seconded by Ms. Susie Jennings, passed unanimously.

X. ADJOURNMENT

There being no further business, the meeting was adjourned on the motion of Ms. Beverly Mountain. The motion passed unanimously.

Ms. Joanne Groseclose, Secretary

Mount Rogers Community Services Board
Exhibit B Dashboard Trends

	Jul 2019	Aug 2019	Sep 2019	Oct 2019	Nov 2019	Dec 2019	Jan 2020	Feb 2020	3-Month Average (7/19-9/19)	12-month Average (7/18-6/20)
1 Adult Suicide Risk Assessment										
MRCSB	50.7%	51.4%	54.1%	49.5%	52.7%				51.7%	54.1%
All State	60.8%	57.7%	59.9%	59.1%	60.6%				59.6%	54.3%
2 Child Suicide Risk Assessment										
MRCSB	57.9%	64.3%	73.0%	65.7%	70.3%				66.2%	60.3%
All State	48.0%	53.6%	57.4%	56.8%	59.3%				55.0%	48.6%
3 Annual Physical Examination										
MRCSB	23.2%	25.5%	27.4%	31.0%	35.1%				28.4%	25.9%
All State	38.1%	38.9%	39.7%	40.8%	41.7%				39.8%	31.4%
4.1 Calculated BMI										
MRCSB	90.2%	89.3%	75.3%	88.2%	87.8%				86.2%	85.4%
All State	81.1%	81.1%	72.9%	80.5%	79.9%				79.1%	77.4%
4.2 BMI Outside of the Normal Range										
MRCSB	85.0%	84.7%	83.3%	83.5%	83.3%				84.0%	84.5%
All State	81.3%	81.0%	79.7%	80.4%	80.4%				80.6%	81.3%
4.3 BMI Follow-Up Plan										
MRCSB	86.8%	90.3%	91.0%	92.8%	94.6%				91.1%	75.6%
All State	68.4%	69.4%	64.7%	69.7%	69.9%				68.4%	57.3%
6.1 Initiation of SUD Services										
MRCSB	64.1%	91.7%	79.3%	82.6%	82.1%				80.0%	87.0%
All State	70.2%	71.6%	71.3%	70.9%	69.2%				70.6%	68.8%
6.2 Engagement of SUD Services										
MRCSB	46.9%	72.9%	58.6%	52.2%	57.1%				57.5%	60.1%
All State	58.7%	59.7%	57.7%	55.1%	52.2%				56.7%	51.9%
6.3 Retention of SUD Services										
MRCSB	23.4%	39.6%	19.0%	21.7%	35.7%				27.9%	29.4%
All State	44.4%	42.6%	36.2%	29.8%	28.2%				36.2%	30.9%
Enhanced Case Management Face to Face										
MRCSB	91.6%	94.0%	94.8%	94.8%	Missing				93.8%	not reported
All State	86.0%	89.4%	89.1%	87.8%	Missing				88.1%	not reported
Enhanced Case Management In Home										
MRCSB	93.6%	92.9%	92.4%	94.8%	Missing				93.4%	not reported
All State	84.8%	86.6%	89.0%	86.3%	Missing				86.7%	not reported

Mount Rogers Community Services
Exhibit B Dashboard Trends

	November 2019		MRCSB Rank (40 CSBs)
1 Adult Suicide Risk Assessment	MRCSB	52.7%	28
	All State	60.6%	
2 Child Suicide Risk Assessment	MRCSB	70.3%	17
	All State	59.3%	
3 Annual Physical Examination	MRCSB	35.1%	30
	All State	41.7%	
4.1 Calculated BMI	MRCSB	87.8%	19
	All State	79.9%	
4.2 BMI Outside of the Normal Range	MRCSB	83.3%	9
	All State	80.4%	
4.3 BMI Follow-Up Plan	MRCSB	94.6%	5
	All State	69.9%	
6.1 Initiation of SUD Services	MRCSB	82.1%	15
	All State	69.2%	
6.2 Engagement of SUD Services	MRCSB	57.1%	18
	All State	52.2%	
6.3 Retention of SUD Services	MRCSB	35.7%	12
	All State	28.2%	
Enhanced Case Management Face to Face	MRCSB	Missing	Missing
	All State	Missing	
Enhanced Case Management In Home	MRCSB	Missing	Missing
	All State	Missing	



February 10, 2020

MEMORANDUM

To: Members of Mount Rogers Community Services Board of Directors

From: Frank Dowell, IDC Director

Subject: January Report

Activities during January 2020 included the following:

Carolyn Dankowski and I met with Mary Beth Dunkenberger, Associate Director/Research Faculty from Virginia Tech regarding the manufacture of a backpack for Connections to Care Project. We are currently making proto types for her and the team to review.

Phoenix Industries staff from Huntsville Alabama, spent 3 days January 22nd-24th at our facilities working with our supervisors in regard to how to manufacture Helmet Covers. The long range plan is for Phoenix to become a backup helmet cover manufacturer for the Army.

Staff changes:

- Patricia Lineberry began employment as the Program Manager at the Wythe/Bland IDC. Patricia was previously employed as a music therapist at SWVTC for 20 years and more recently as a clinician with Family Preservation Services for 5 years.
- Margie Stuart retired as the IDC Director of Administrative Services after 20 years of employment. Margie was a tremendous asset to the IDC and will be greatly missed.
- Kayla Stroupe was hired as the Office Manager for the Wythe/Bland IDC.

Integrated community activities for individual receiving Day Support services included:

- Volunteer activities at Atkins First Church of God Food Pantry, Backpack buddies, Hope Packs, Bland Ministries, Carrington Place, Glenwood Church, Open Door Café, Twin County Regional Hospital, Carroll County Clerk of Court office, Goin' to the Dogs, Piper's Gap Rescue Squad, Turkey Knob Church, Galax Health and Rehabilitation, Waddell Nursing Home, Hillsville Food Bank Austinville Food Bank, and Rooftop
- Bowling
- Shopping at a variety of local merchants
- Eating out at various restaurants
- Recreational activities at local wellness centers, parks, walking tracks, gyms, and other community resources

Supported employment activities included:

- Follow along services for 13 individuals
- Job Development activities for 2 individuals
- Job Placement and training for 1 individual
- Situational Assessments completed for 2 individuals

Prevention & Wellness Services

- Began providing wellness services to individuals in Project Link in Marion. The 5 Bridges to Wellness program is a 6-week holistic and systematic approach to wellness structure. Each session is 1.5 hours, and it delves into ideas, tools, and activities designed to help make sense of overall health and to learn how to thrive through the process. 5 Bridges teaches a lifestyle through the interconnectedness of our wellness dimensions.
- Collaborating with Virginia Tech's Department of Population Health Sciences to study the link between lowering the risk-factors for chronic disease and preventing and/or reducing mental health and substance use disorders.
- Disseminated information to staff and individuals about the link between the foods we eat and chronic disease.
- Continued Wellness Wednesday posts on the MRCS Facebook page.

Youth & Family Services

- Michelle Cantrell, Substance Use Counselor, passed her LPC exam January 16th.
- Teresa Catron graduated from Old Dominion University with a BS in Communications with an emphasis in Public Relations, Persuasion, and Advocacy
Graduate with Distinction—3.97 GPA
- Young Adult Substance Abuse Treatment Grant (YSAT) site visit occurred and DBHDS commented that MRCS staff are the “golden stars” of the grant. They shared that we have the highest follow up data out of the 4 CSB’s who were awarded this grant. For this visit, we met at our Grayson YFS office, so they were also able to see more of our beautiful catchment area and understand the geographic challenges faced in service delivery.
- Morgan Greer completed two post-restoration competency evaluations for Highlands Community Services. Sherry Lang completed an initial competency evaluation for Scott Co. J&D Court. YFS provides forensic evaluations and restoration services for youth involved in the criminal justice system, who may not have adequate comprehension of the process.



Office of Human Resources Flash February 2020

2019 Turnover Rate (12-Month Period Ending)

- Mount Rogers Community Services: 14.02%; includes all types of turnover (e.g., voluntary, involuntary, retirements, leaves); the formula is $(\text{Term (Active + LOA + Term)})$.
- Of the responding CSBs/BH organizations throughout the Commonwealth, no other CSB/BH reported a lower turnover rate. For example, reported 2019 turnover rates include:
 - Blue Ridge Behavioral Health (Blue Ridge BH; Botetourt, Craig, and Roanoke Counties; Cities of Roanoke and Salem): 27.40%
 - Chesterfield CSB: 22.00%
 - Eastern Shore (Accomack and Northampton Counties): 17.30%
 - Rappahannock Area CSB (Caroline, King George, Spotsylvania and Stafford Counties; City of Fredericksburg): 18.18%
 - Rappahannock/Rapidan CSB (Culpeper, Fauquier, Madison, Orange, and Rappahannock Counties): 20.00%
 - Southside CSB (Brunswick, Halifax, and Mecklenburg Counties): 24.60%
- Few bordering CSBs reported their numbers. In 2017, bordering CSBs included:
 - Cumberland Mountain (Buchanan, Russell, and Tazewell Counties): 16.90%
 - New River New River CS; (Floyd, Giles, Montgomery, and Pulaski Counties; City of Radford): 28.00%

College Recruitment/Job Fairs Schedule

- Radford University: February 12, 2020
- Virginia Tech: February 19, 2020
- Career Premiere Job Fair; Roanoke, VA: February 26, 2020
- Crossroads Spring Career Fair; Galax, VA: March 19, 2020
- Virginia Highlands Community College Student & Community Career Fair; Abingdon, VA: March 27, 2020
- Wytheville Career Fair; Wytheville, VA: April 2, 2020



 **Office of Human Resources Flash** 
February 2020

2020 Training Schedule

- AcuDetox: February 4, 11, 18, 25
- Supervisory Training for New Supervisors: March 2
- Appalachian Culture, Heritage & Society; Maintaining a Harmonious & Respectful Workplace: March 3
- Motivational Interviewing: March 30 & 31;
- Motivational Interviewing: April 27 & 28
- Motivational Interviewing: May 4 & 5
- All Supervisory/Leadership Training: June 5
- Motivational Interviewing: June 8 & 9
- Motivational Interviewing: June 29 & 30
- Motivational Interviewing: July 6 & 7
- Motivational Interviewing: July 27 & 28
- Motivational Interviewing: August 31/September 1
- Motivational Interviewing: October 26 & 27
- Bridges Out of Poverty: Tentative November
- Motivational Interviewing: November 30/December 1